

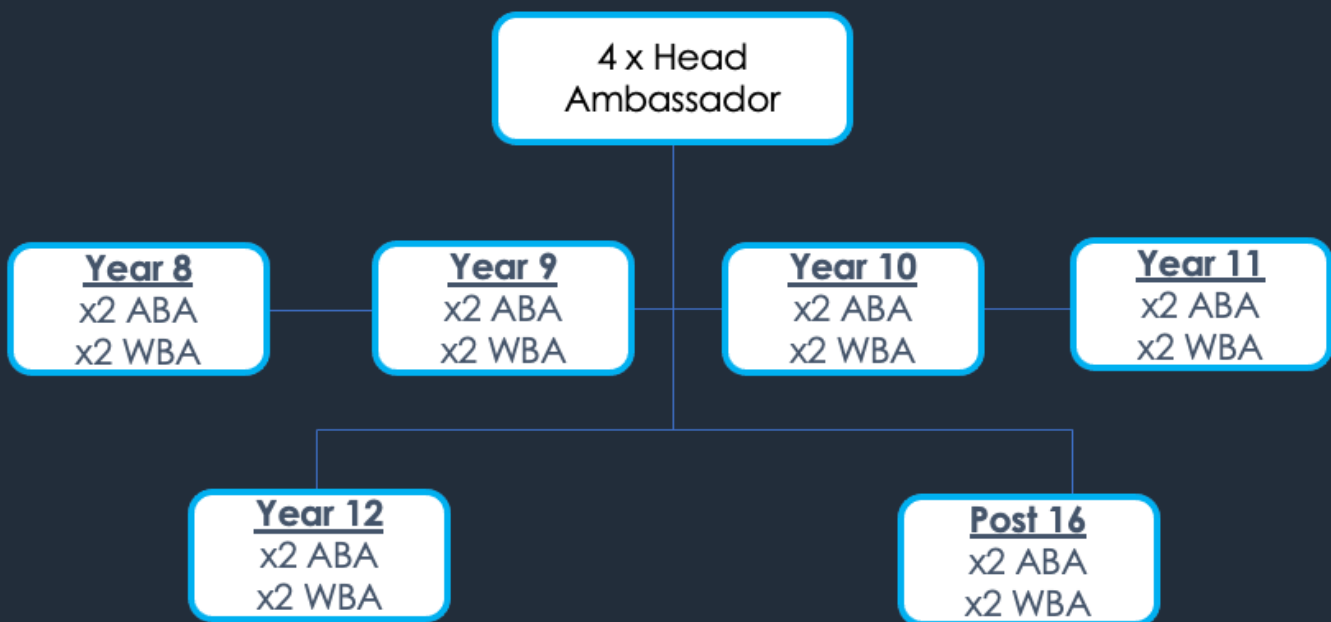
# WELL-BEING AMBASSADORS/ANTI-BULLYING

## THE STRUCTURE



**Purpose:** The purpose of the **Well-Being ambassadors** is to offer support, raise awareness, break down the stigma around mental health and promote positive well being.

**Purpose:** The purpose of the **Anti-bullying ambassadors** is to help educate their peers on bullying, lead on anti-bullying campaigns and promote a positive and safe culture.



# WELL-BEING / ANTI-BULLYING AMBASSADORS

## THE INFORMATION



### THE ROLE OF A WELL-BEING / ANTIBULLYING AMBASSADOR:

- Be a role model for the rest of the school.
- Work with year councillor and do form class rounds.
- Attend the hub on a rota basis.
- Mentor in those crucial first few months for Year 8.
- Manage the Inspiration Points around school.
- Help to organise events throughout the school year.

### WHY BECOME A WELL-BEING /ANTI-BULLYING AMBASSADOR:

- To fulfil the need to want to help others.
- Work as part of a team.
- Take part in training.

### SKILLS REQUIRED:

- Passion
- Caring
- Friendly
- Approachable
- Proactive
- Resilient
- Good listener
- Reliable



*There is no better exercise for the heart  
than reaching down and lifting people  
up*

*- John Holmes*



### QUESTIONS:

If you have any questions regarding the  
subject leadership programme, please  
speak to:

Mrs Brown

Email: [kbrown765@c2ken.net](mailto:kbrown765@c2ken.net)

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