

# PARENT BULLETIN

## 9TH-13TH DECEMBER 2024

### BELFAST BOYS' MODEL SCHOOL



### This week at the Model

- Pupils in Y11-14 completing BTEC exams in January will be involved in mock exams this week and next. Please see the timetable below outlining the subjects involved.
- **Uniform Reminder-** Pupils should be in full school uniform everyday, including blazer. If PE kit, including BBMS branded top are not able to be worn on Games/PE days, pupils should wear their uniform.
- Please see the information below on training courses being provided by various organisations and charities.
- Have a lovely week.

### Dates for the Diary.

#### Coming up:

#### Wednesday 18th December-

- School Christmas Dinner
- Carol Service- 6.30pm

#### Thursday 19th December-

- Pupil Carol Service
- Movie n Munch

#### Friday 20th December-

- The Masked Singer
- Last Day of Term



**MAKE SURE YOU CHECK  
OUT OUR NEW SCHOOL  
VIDEO ON OUR SOCIAL  
MEDIA PLATFORMS.  
#wearethemodel**

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### Clubs @ BBMS

LUNCHTIME CLUBS AT BBMS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Table Tennis Year 10, 12 13 & 14 6a lunch	Indoor Football Year 10 5 lunch	Indoor Football Year 14 6a lunch	Modern Languages Year 10 6a lunch	Plant Club Years 8, 9, 13 & 14 6a lunch
Board Games Years 10 & 12 6a lunch	Lego Year 10 5	Dodgeball Year 9 6a lunch	Eco Club Year 9, 10 13 & 14 6a lunch	Lego Club Years 8 & 9 6a lunch
Lego Club Year 10 6a lunch	Choir Years 8, 9 & 12 6a lunch	Minecraft Year 9 6a lunch	The FIT project Years 10 & 11 6b lunch	Multi-Lingual Club Years 8 & 9 6a lunch
Chess Club Years 8, 9 & 11 6b lunch	Modern Languages Years 8, 9 & 12 6a lunch	DJ-ing Year 8 6b lunch	SU Year 8 6b lunch	Film Club Years 10, 11 & 12 6b lunch
Choir Years 8, 9 & 11 6b lunch		SU Years 10 & 11 6b lunch	Art Portfolio Clinic Year 12 6b lunch	Sports Club Years 10, 11 & 12 6b lunch
		Art Club Year 8, 10 & 11 6b lunch	Open Mic Club Years 8, 11 & 12 6b lunch	

AFTER SCHOOL CLUBS AT BBMS			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Homework Club All year groups 3.20 - 4.00 Rm. 128	Homework Club All year groups 2.00 - 2.40 Rm. 128	Homework Club All year groups 3.20 - 4.00 Rm. 128	Homework Club All year groups 2.40 - 3.30 Rm. 128
Football Year 10 - A & B Teams 3.20 - 4.20 Sports Hall & Mt. Pleasant	Football Year 8 2.15 - 3.20 Mt Pleasant	History Club All year groups 3.20 - 4.00 Rm246	Football Year 9 2.50 - 3.50 Mt. Pleasant
Performing Arts All year groups 3.20 - 4.20 Studio	Basketball Year 12 2.00 - 2.40 Games Hall	Rugby All Year groups 3.20-4.30 Mt. Pleasant	Cookery Club All year groups 2.40-3.40 HE Rooms
	Maths Club All year groups 2.00 - 2.40 Rm 106	Maths Club All year groups 3.20 - 4.00 Rm 109	Badminton All year groups 2.40-3.40 Games Hall
	Lego Club All year groups 2.00 - 2.40 Rm 140		
	Trampoline Club Years 9&10 2.00 - 2.40 Gym		

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SKI 2025

Huge thank you to all the parents who attended the Ski meeting last week.

**#8weekstogo**



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Careers @ BBMS

## CAREERS INFO & OPPORTUNITIES

*See Teams for more info*

### YEARS 11-14 MUST CHECK TEAMS AND EMAILS REGULARLY

There are a lot of opportunities being posted. Gaining experience early will make a difference to your future.

### Climate Fresk Workshop

The Climate Fresk Workshop is just what you need. Join us this Valentine's Day, Friday 14th February 2024 from 10am – 2pm at our Belfast office.

This interactive and engaging workshop is designed to help you understand climate change and its impacts while also boosting your skills and enhancing your CV.

### Year 13- Mock Interviews

Please complete the form via the QR code. It is important you are linked with your employer of choice to make these interviews beneficial.



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## Christmas Carol Service 2024

Please see the invite and information below regarding the Annual Carol Service. This is always such a lovely event, and we would love to see you there.



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### Football Fixtures

Date	Year / School	kit	Meet time	Kick off	venue	coach
Mon 9/12	Yr 9a and 9b vs Ashfield Friendly	tbc	12.40pm	1.45pm	Mouny and Ballysillan	Mr Reid and Mr O'Rawe
Tues 10/12	Yr 11a Crusaders session	PE kit	12.30pm / 1pm pick up from crusader	1pm pick	Crusaders pitch	Mr McClelland
Tues 10/12	Yr 11b vs Parkhall Friendly	They wear navy	12.15pm	1.15pm	Parkhall	Mr Munyard
Wed 11/12	U18 vs Lagan Belfast Cup	They wear red and black	1pm	2pm	Lagan	Mr Murray
Wed 11/12	Yr 12 vs Abbey EA League	They wear maroon or black	1pm	2pm	3 mile	Mr McManus
Thurs 12/12	Yr 10a vs Limavady Irish Cuy	They wear blue and white stripes	9.40am	12pm	Away	Mr Munyard



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Focus on Achievement.

Please see the information below outlining the subjects and year groups completing mock exams and exam preparation this week and next.

December 2024

Subject and Year Group	Date	Time	Venue
Travel and Tourism Y14 (20 pupils)	4.12.24	1.20pm-3.20pm	239 and 242
Engineering Y14 (4 pupils)	4.12.24	1.20pm-3.20pm	064
Engineering Y14 (4 pupils)	10.12.24	9am-2pm	064
Travel and Tourism Y13 (17 Pupils)	11.12.24	1.20pm-3.20pm	Assembly Hall
Engineering Y14 (4 pupils)	12.12.24	9am-2.40pm	064
Engineering Y14 (4 pupils)	16.12.24	11.20am-3.20pm	064

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Well done to Y14 pupils **Max** and **Bailey**, who shared their tried and tested revision techniques with younger pupils in the lead-up to the class tests.



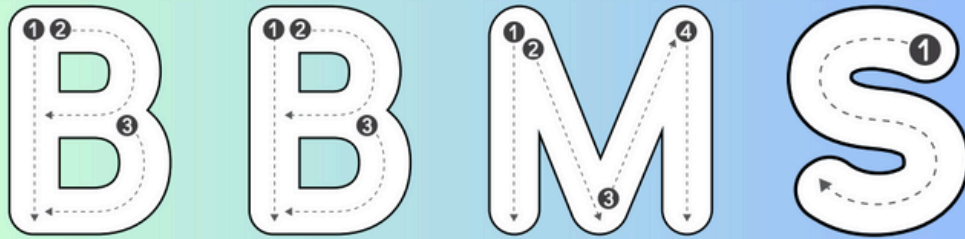


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### English Update:

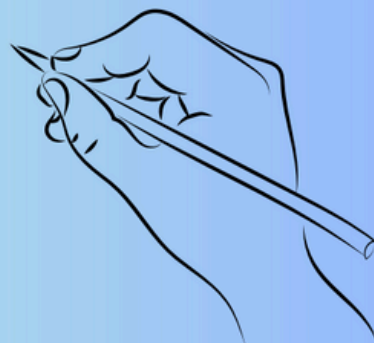


#### How to support your son with handwriting.

Your child will have to write in almost all his GCSE subjects, this is a skill which is vitally important and will ensure their success across the curriculum. From time-to-time pupils can be reluctant to write which can impact learning. You can support at home with the following;

- **Correct Posture** – make sure your son is sitting up straight and has a good space with a desk to write at.
- **How Firm Is Your Child's Grip?** - Check that your son is holding his pen correctly between the first finger and thumb with the middle finger supporting.
- **Better Writing Utensils = Better Handwriting** – Would your son benefit from a pen grip or a different style of pen? We can help with that in school – just contact his teacher.
- **Strengthen the Hand Muscles and Fine Motor Skills** – little mini hand-exercises can really strengthen your son's hand and fingers which can lead to him being a much more confident writer.
- **Not Too Late for Handwriting Sheets** – these can be easily accessed in school through your son's English teacher or printed directly from the internet – there are lots of resources available for free!
- **Practice Makes Perfect** – just like in Primary school, practising over and over will make him a better writer.
- **Help Your Teenager Write Slowly and Purposely** – most of the time your son will want to get his homework done quickly so he can get on with his extra-curricular activities and sports. Please encourage him to take his time forming his letters.
- Finally, ask to look at his work and **praise him** for the effort he has made.

**When your son is sitting his GCSE's - you do not want him to lose out on valuable marks because the examiner cannot read his handwriting!**



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## Maths Update



KEY STAGE 3  
PUPILS...BRING  
YOUR OWN  
GROWN UP....  
**MATHS**  
**PROGRAMME**

### Engaging Math sessions for parents.

We are running 4 fun-filled interactive, engaging parent sessions aimed at developing Mathematics in the home. Boys & parents attend together.

To find out more information contact Mrs Hanna, Curriculum Leader, Maths.

#### Session Dates

Tues 14th January 2.30 - 4pm, Tea/Coffee on arrival

Tues 21st January 2.30 - 4pm, Tea/Coffee on arrival

Tues 28th January 10.30 - 12pm & 12.30 - 2pm, with lunch provided.



Department for the  
Economy

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### House Points

**WELL DONE** to our top point achievers in each house this week.

**TOP PUPIL POINTS**

House	Pupil Name	Form
Kelvin	Archie Cordner	8GF
Kelvin	Max McDavid	11EB
Lewis	Jake White	9CR
Lewis	Joshua Harrison	12PI
Branagh	Yonies Hassan	10ST
Branagh	Josh Doherty	13JS
Gregg	Hugh Beattie	14TS

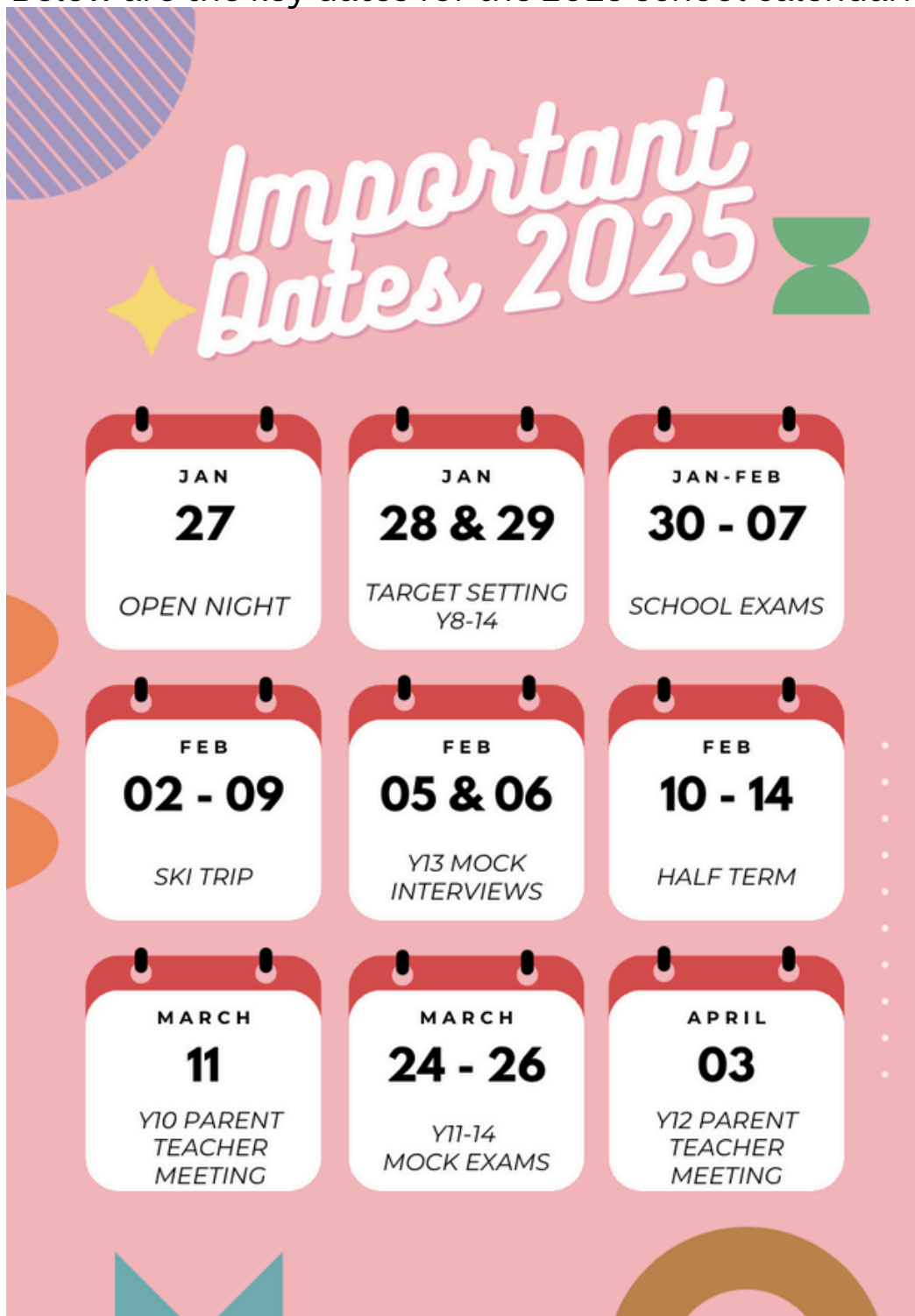
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### Important Dates

Below are the key dates for the 2025 school calendar.



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#### Parent Training Event



#### MINDFUL PARENTING

#### FREE 6-WEEK ONLINE COURSE

AWARE NI, the depression charity for Northern Ireland, is delighted to offer a series of free 6-week online introductory mindfulness programmes specifically tailored for parents and carers of young children.

The Mindful Parenting course explores the many aspects of parenting and how bringing mindfulness to our roles as parents enhances our lives and wellbeing and those of our children.

- We have various courses running throughout the year
- These free courses are hosted online via zoom
- Beginners are welcome - no experience necessary!

For more information on available courses, please check the **AWARE NI** website by scanning the below QR code or email [sharon@aware-ni.org](mailto:sharon@aware-ni.org)



**AWARE**  
OVERCOMING DEPRESSION.  
CHANGING LIVES.

AWARE-NI.ORG

Aware Defeat Depression, trading as AWARE, 2 Crawford Square, Londonderry, Northern Ireland, BT48 7JG, Company No. N30447. Registered with the Charity Commission for NI with charity registration number NC30059

#### MINDFUL PARENTING

#### FREE 6-WEEK ONLINE COURSE

The course consists of six sessions. Each session lasts 2 hours and is primarily experiential – lots of practice, discussion and reflection.

It is aimed at parents and carers of young children and young teens. During the course, we will explore many aspects of parenting and how bringing mindfulness to our roles as parents enhances our own well-being and lives and those of our children.

Emerging evidence suggests that extending mindfulness into families can support parents and children and strengthen positive communication and relationships.

As parents, we have many demands and commitments, often resulting in increased stress levels and scattered minds. We find ourselves managing our own emotions and those of our children. We often wonder if we are 'getting it right' and doubt our abilities. Mindful parenting can help reduce parents' stress, boost confidence in all aspects of life and bring a greater sense of calm, ease, kindness and fun into daily living.

This is a truly valuable course for any parent or carer. Throughout the course, we embrace the reality of being a 'good enough' parent and the deep truth that we can only give our children what we have provided first to ourselves.

We will explore practices you can use at home with your children, designed to complement the adult practices you will learn each week. The practices are fun and offer a rich experience and a new way to spend time with your child.

#### PARTICIPANTS OF THE COURSE WILL BE EXPECTED TO

- Attend all sessions and be punctual
- Do some personal mindfulness practice in your own time
- Register on Zoom to obtain the Zoom link which will be emailed out to you
- Attend with your camera on



**AWARE**  
OVERCOMING DEPRESSION.  
CHANGING LIVES.